

TFA SA 2022 Relays

Male Open			Overall		
West Rand	08:47	1	West Rand	08:47	1
Garden Route 4	09:17	2	Garden Route 4	09:17	2
Hessequa A	09:28	3	Hessequa A	09:28	3
City of Cape Town A	09:31	4	City of Cape Town A	09:31	4
Manguang	09:37	5	Manguang	09:37	5
ACSA Dawid Stuurman	10:16	6	ACSA Dawid Stuurman	10:16	6
Msundzi	10:40	7	Msundzi	10:40	7
Stellenbosch	10:51	8	Stellenbosch	10:51	8
Midvaal B	11:03	9	Midvaal B	11:03	9
Garden Route 3	11:17	10	Garden Route 3	11:17	10
Hessequa B	11:19	11	Hessequa B	11:19	11
Mossel Bay	11:24	12	Mossel Bay	11:24	12
Overstrand	11:37	13	Overstrand	11:37	13
City of Cape Town B	11:56	14	City of Cape Town B	11:56	14
Garden Route 2	12:21	15	Legends	12:20	15
VWS	12:43	16	Garden Route 2	12:21	16
Midvaal A	13:03	17	Manguang	12:27	17
Cape Winelands	13:20	18	City of Cape Town	12:35	18
Ungunglovu	13:23	19	VWS	12:43	19
Bitou	13:31	20	Midvaal A	13:03	20
JB Marks	13:37	21	Cape Winelands	13:20	21
First Care	14:05	22	Ungunglovu	13:23	22
Garden Route 1	18:00	23	Bitou	13:31	23
Male over 40			JB Marks	13:37	24
Legends	12:20	1	First Care	14:05	25
Manguang	12:27	2	Garden Route 1	18:00	26
City of Cape Town	12:35	3	West Rand	19:03	1
Females			Bitou Females	23:58	2
West Rand	19:03	1	Hessequa	24:29	3
Bitou Females	23:58	2			
Hessequa	24:29	3			